



# PERSONAL PROTECTIVE EQUIPMENT (PPE) for Heavy Equipment Operation

To get the job done in construction, you need the right equipment. Aside from the heavy equipment itself, it is vital that you wear the right personal protective equipment, or PPE. PPE is the last line of defense between worksite hazards and your body.



## PROTECTIVE EYEWEAR

Your eyes make it possible to see what you're doing at the helm of heavy equipment, which is why it's important to protect them. Wearing safety glasses will keep them free of potential hazards.



## EAR PROTECTION

Heavy equipment tends to be really loud when it's running. Covering your ears with headphones helps prevent hearing loss caused by prolonged exposure to the loud noise.



## HARD HAT

Hard hats are required by most employers and OSHA requires hard hats in areas where there is a possibility of falling objects and other causes of head injuries.



## GLOVES

A snug-fitting pair of heavy-duty work gloves will help protect your hands from the elements and other worksite dangers.



## BOOTS

Much like gloves protect your hands at the construction site, a good pair of steel-toed work boots will protect your feet. The specialty toe helps prevent your toes from getting crushed.

Construction and other professions that rely on heavy equipment are dangerous jobs. That's why personal protective equipment in heavy equipment training is such a crucial topic. It's easier to pick up good PPE habits when you learn how to wear it correctly early on. As a student at the Heavy Equipment Colleges of America, you'll learn the right way to gear up for the job so you do it right every time.

For more information about HEC or to find a campus near you,  
log on to [heavyequipment.com](http://heavyequipment.com)